



# Andercurrents

Barony of Highland Foorde, Kingdom Atlantia - Vol 22, I67- July AS 55, 2020



Our excellencies before  
“exile” was a thing



*Bonjorn* Highland Foorde!

A Special Edition will be published alongside next month's issue talking all about the populace and our favorite stories from Pennsic. Have a hilarious moment that happened in camp kitchen? How about a amazing hit that you captured during the war? Send in you stories and photos so we can all feel like we are together again as we count down the days until next year.

To submit your stories, simply send them to [hfchronicler@highland-foorde.atlantia.sca.org](mailto:hfchronicler@highland-foorde.atlantia.sca.org) or [aurrilaborgne@gmail.com](mailto:aurrilaborgne@gmail.com)

Yours in service,

Aurri La Borgne  
Chronicler of Highland Foorde

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## Baronial Monthly Meetings

**Populace Meeting:** Third Sunday of every month. All meetings are happening via Cisco Webex until further notice

Due to the COVID-19 Pandemic occurring across the Knowne World, all Kingdom Events have been cancelled for the month of June. Please refer to official Kingdom communications and the Kingdom Calendar for up to date cancellations.

## Baronial Activities

**Northern Atlantia A&S night:** July 11<sup>th</sup>, 6-9pm via Zoom

**May Monthly Business Meeting:** July 19<sup>th</sup> 2pm via Webex

**Compass Convergence Singers:** Come sing with a group of madrigals! Times and locations change to match the convenience of the attendees. Contact Lady Thorve for more information

**Cooks Guild:** Brand new! Join Lady Caran in a safe space to discuss historical food facts and food related events within the SCA. No set meeting date or location as of yet. Contact Lady Caran for more information

## Neighboring Activities

### Shire of Roxbury Mill

**Weekly Rapier Gatherings:** Wednesdays from 6:30-8pm via Google Meet

**Weekly A&S Meetings:** Wednesdays from 7:30-9:30pm via Google Meet

# Populace Meeting Minutes

Meeting began at 2:15pm on Sunday, June 21<sup>st</sup> with 13 attendees:

Lughaidh, Harper, Ludwig, Sinn, Thorve, Aurri, Scandal, Epy, Vilhjelmr, Jacinthia, Valdis, Subetai, and Tessa de Spina

## Officer's Gave the Following Reports



**Chatelaine: Lady Caran DeBurg**  
**Not Present**

- Quarterly report will be submitted in July



**Exchequer: Lady Thorve of Highland Foorde**  
**Present**

- \$12,643.43 in Baronage account
- Lughaidh inquired about what our minimum in the account has to be before we get penalties.
  - \$7,500 minimum with a \$14/month penalty if we go below
  - Baroness Sinn requests more information on if we need to stay with this bank or potentially switch to another.
  - Jacinthia brings up looking into different account types with interest and lower fees



**Knight's Marshal:**  
**Sir Gaius Tascius Severus Fabianus**  
**Not Present**

- Nothing to report



**Herald: Baron Fergus of Hanna**  
**Not Present**

- Nothing to report



**Minister of Arts and Sciences:**  
**Lady Harper An Cu**  
**Present**

- 6 people came to Virtual A&S
- Virtual University on the 13<sup>th</sup> was a success and enjoyed by all
  - Congratulations to Baroness Sinn on receiving her Bachelors



**Chronicler: Aurri La Borgne  
Present**

- The audio version of Undercurrents seemed to get a good reception, 9 people streamed last month’s episode. Considering getting the premium version of Buzzsprout so episodes can stay up longer than 90 days
  - Tobin and Jacinthia asked about other ways we can host the podcast. Currently looking into YouTube, Spotify, and the website as viable options.
- Upcoming issues for Undercurrents include “About Our Populace”, “Stories of Pennsics Past”, and “Disability in the SCA”
- Had a discussion after University with Kingdom Chronicler Lady Adina to get an answer on how to handle old Undercurrents with sensitive information. All issues must be publicly available and not password protected with all sensitive information redacted.
  - We agreed that having it all done by August was a reasonable deadline.
- Brought up the possibility of a Baronial Google Account to host future issues of Undercurrents as well as acting as a space to easily upload photos for the newsletter. A request will need to be sent in by the Seneschal to the Kingdom Webminister



**Web Minister: Baroness Glynis  
Not Present**

- Nothing to Report



**Youth Officer - VACANT**

- Lughaidh: if you are interested in this position, please contact me so we can get started on your background check
- Epy is looking to get warranted for Youth Equestrian Officer. Will speak with Lughaidh after the meeting

**Master of the Lists - Epy Pengelly**



- Epy voiced her request to pursuit the position of MOL. Aurri motioned the vote while Harper seconded. Unanimous vote was passed.
- Nothing to report from the new MOL as events aren’t occurring due to Covid-19



**Seneschal: Tiarna Lughaidh O Murchadha  
Present**

- Began to revise the Baronial charter. Many updates regarding social media were missing. The proposed changes will be sent out to the Major Officers and, after comments are received and evaluated, the changes will be posted via the Facebook Group, e-mail, and newsletter for the populace to consider



**Baron and Baroness:  
Baron Ludwig & Baroness Sinn  
Present**

- Baronial Birthday hang out on Discord went very well. Members from our own Barony and beyond came to celebrate
  - Social nights like these will occur more often on an eventual regular schedule. Please be on the lookout for those announcements
- Don't forget to log in to your University account to mark yourself present for your classes and to receive credit!

**Old Business**

- HRM: Catela is on the fence for autocrating the event in 2021.
  - The Barony will attempt to retrieve the gmail account created to Spike the event

- Volunteers will be reached out to so we can see if they will continue their volunteer time in 2021
- Highland Havoc: Nothing new to report from Epy. The decision to have HH will be determined around Labor Day
  - A meeting will occur in the weeks before Labor Day

**New Business**

- Aurri brought up the idea of hosting volunteer hours for high schoolers to meet their graduation requirements
  - Jacinthia brought up that in order to do that, a background check is required for them to be on site unattended
  - Baroness Sinn offered the idea of looking at hosting events at community colleges
  - Epy adds that looking into homeschool co-ops, girl/boy scouts, and the boys and girls club are also great ways to bring in younger members
  - Jacinthia makes note that if we go to them (ie an event, demo, assembly, etc) no background check is needed. If they come to us field trip style with a chaperone, no background check is needed either.

*Meeting was adjourned at 3:30pm.  
Motedion by Baroness Sinn, seconded by  
Tessa de Spina*

# Highland Foorde Champions

**Arts and Sciences** - Baroness Glynis Gwynedd

**Archery** - Oger Funk

**Bardic** - Harper An Cu

**Brewing** - Ethel Lea Mouse

**Heavy Fighting** - VACANT

**Rapier** - Urraka al-Tha'labiyya

**Thrown Weapons** - Galen Telerisson



## Submit your Pennsic stories!

While Pennsic may be canceled, it doesn't mean we can't reminisce about the fun times we've had, the things we look forward to, and the photos we've taken to remember them by. If you have a story you want to share with the populace, a photo that makes you smile, or a favorite merchant you can't wait to buy from again, submit your tales by writing to [hfchronicler@highland-foorde.atlantia.sca.org](mailto:hfchronicler@highland-foorde.atlantia.sca.org) so we can all sit around the campfire together once more.



# New to the Barony or SCA?

First off, welcome! We are so happy that you are interested in joining our family of revelry and creativity. You can click the links below to find more information on what the SCA is, how it started, and how **YOU** can get started.

## **New to the SCA**

**SCA Newcomer's Portal**

**How to Get Started**

**What is the SCA?**

**Become a Member**

If we are your local Barony, reach out to our Chatelaine Lady Caran De Burg to get a jumpstart on your participation within the community! In addition to providing resources and information, the Chatelaine can also provide loaner gear such as feast ware, garb, and accessories to new members to use at events.

**You can contact Lady Caran by e-mailing her at [info@highland-foorde.atlantia.sca.org](mailto:info@highland-foorde.atlantia.sca.org)**

# How to Recommend an Award

Do you believe someone in the barony or society deserves an award or recommendation? Awards are given based on feedback from members. All members, no matter their current status, are encouraged to provide recommendations to their Crowns.

For award recommendations we have multiple options:

- Email the Baron or Baroness with your recommendation.
- The NEW Baronial Award recommendation system!
- Also Kingdom level recommendations!

Baron Ludwig & Baroness Sinn want to help with awards. Please notify them by email so they may offer input, especially regarding kingdom recommendations.



# Repast

Following up on last month's entry, Muhallebi (also known as Muhallabia) seemed like a natural transition. Muhallebi is a milk based pudding dating back to the Sassanid period of Persia (224-651). It was recorded that a version of the dish was created using shredded chicken to be served for the Ottoman sultan Mehmed II (1451-81), but the version we are featuring today is from a more recent recipe (1530) that features rose water instead. The original recipes of Muhallebi is the reason why blanc-manger exists today. Below you will find a modern interpretation of the recipe, in addition to a recipe for home made almond milk!



## ALMOND MILK

### Ingredients

1 ¾ cups of water  
2/3 cup of almonds, blanched (6oz)

### Method

Bring water to a boil. Grind almonds in blender with hot water in 3 or 4 small batches. Using a cheesecloth, squeeze the almond milk from the processed almonds. Yields about 1 ½ cups of almond milk.

## MUHALLEBI

### Ingredients

2 cardamom pods, bruised  
3 cups (750ml) milk  
1/4 cup (55g) caster sugar  
1/2 cup (65g) ground rice\* (preferably jasmine)  
3/4 cup (90g) almond meal  
1/2 tsp vanilla extract  
1 tbs rosewater\*  
Chopped pistachios and dried rose petals\*, to garnish (optional)



### Method

Place the cardamom, 2 1/2 cups milk and 1/4 tsp salt in a pan over medium-low heat. Bring to just below boiling point. Add sugar and stir for 1 minute until sugar dissolves.

Stir rice and remaining 1/2 cup milk together in a bowl until smooth. Add rice mixture to pan of milk, reduce heat to very low and simmer for 10-12 minutes until

mixture thickens, stirring frequently with a wooden spoon to prevent it catching on the bottom of the pan. Remove from the heat. Remove and discard cardamom pods, then stir in almond, vanilla and rosewater – it'll resemble smooth, not-too-thick, porridge. Cool slightly, then give it a really good stir.

Divide the muhallabia evenly among 6-8 small glasses or ramekins (it looks particularly beautiful in mint tea glasses). Cover and chill for at least 2 hours.

Just before serving, sprinkle puddings with pistachio and dried rose petals.



# The Regnum of Highland Foorde

## Baron Ludwig Brumser

Andrew Ladner  
507-742-8815  
hfbaron@highland-foorde.atlantia.sca.org



## Baroness Sinn Larensdotter

Nicole Vassallo  
973-886-5564  
hfbaroness@highland-foorde.atlantia.sca.org

## Seneschal

Tiarna Lughaidh O' Murchadha  
Andrew Tobin  
872-228-6246  
hfseneschal@highland-foorde.atlantia.sca.org



## Deputy Seneschal

Lord Vilhjelmr Larensen  
Jeff Larson  
hfseneschal@highland-foorde.atlantia.sca.org

## Chatelaine

Lady Caran De Burg  
Caran Leahy  
info@highland-foorde.atlantia.sca.org



## Deputy Chatelaine

VACANT  
Contact Caran if interested

## Chronicler

Aurri La Borgne  
Jessie Gagnon  
hfchronicler@highland-foorde.atlantia.sca.org



## Deputy Chronicler

VACANT  
Contact Aurri if interested

## Exchequer

Lady Thorve Skald Rikardsdottir  
Tiffany Mellow  
hfexchequer@highland-foorde.atlantia.sca.org



## Deputy Exchequer

VACANT  
Contact Thorve if interested

## Herald

Baron Fergus of Hanna  
Eric Knibb  
301-471-6978  
hfherald@highland-foorde.atlantia.sca.org



## Deputy Herald

VACANT  
Contact Fergus if interested

## Minister of the List

VACANT  
Contact Lughaid if interested  
hfmol@highlandfoorde-atlantia.sca.org



## Deputy Minister of the List

VACANT  
Contact Lughaidh if interested

**Knight's Marshal**  
Sir Gaius Tascius Severus Fabianus  
Greg Fabic  
hfmarshal@highland-foorde.atlantia.sca.org



**Archery Marshal**

VACANT

**Rapier Marshal**

VACANT

Contact Gaius if interested

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**Minister of Arts & Sciences**

Lady Harper An Cu  
Harper Tobin  
240-285-9525  
arts@highland-foorde.atlantia.sca.org



**Deputy MoAS**

VACANT

Contact Harper if interested

**Deputy MoAS Brewing**

Lady Ethel Lea Mouse  
Crystal Stitely

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**Web Minister**

Baroness Glynis Gwynedd  
Glynis Knibb  
hfweb@highland-foorde.atlantia.sca.org



**Deputy Web Minister**

VACANT

Contact Glynis if interested

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**Youth Officer**

VACANT  
Contact Lughaidh if interested  
hfyouth@highland-foorde.atlantia.sca.org



**Deputy Youth Officer**

VACANT

Contact Lughaidh if interested

This is Undercurrents, a publication of the Barony of Highland Foorde, of the Society for Creative Anachronism, Inc. Undercurrents is available from Jessica Gagnon at [aurrilaborgne@gmail.com](mailto:aurrilaborgne@gmail.com) . Subscriptions are free, as all publications are available electronically. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.

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**Credits:**

- Cover Photo: Aurri La Borgne
- Online University Ad: “Spike” lineart, Isabelle LaFar; Plague mask addition, Master Solvarr; Ad design, Adriana la Bretonne